

# Clinical Assessment of Protective Parenting (CAPP)



November 8, 2023

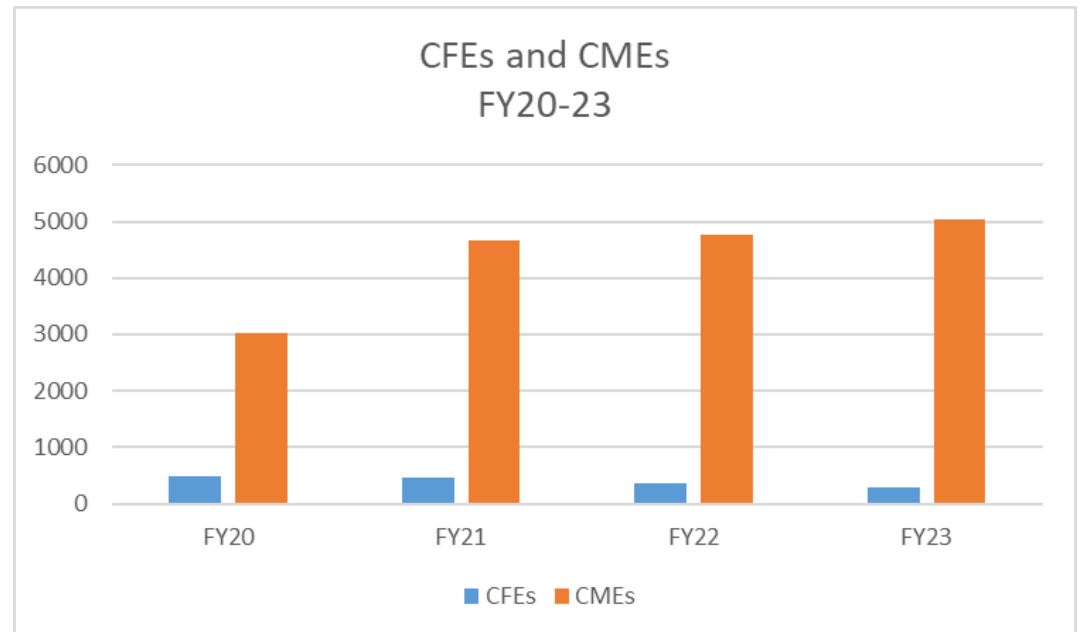
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# Clinical Assessment of Protective Parenting (CAPP)



- An evaluation drive by empirically supportive measures to understand a parent's ability and willingness to mitigate safety risks for their child
- Who completes the assessment?
  - Licensed mental health provider
  - At least 2 years clinical experience working with adults in a treatment setting

# CAPP Program Characteristics

Provide a service that is distinct from the CPS Assessment

- *Clinician provides another lens for assessing safety and risk of future harm*
- *Helps child welfare understand what factors contributed to the maltreatment*

Fee schedule that allows clinicians to provide the service within scope of own clinical practice

- *Maintains clinical competence and expertise*
- *Attractive to a wider-range of clinicians*

Standard evaluation protocols and clinical methodologies

- *Ensure that program is delivered equitably*
- *Follows clinical standards of practice*
- *LCSW's are uniquely qualified to provide an assessment using a person-in-environment framework*

# Purpose of CAPP

- Provide a culturally-competent, trauma-informed, family-centered, and safety-focused service that helps to measure protective capacity of a parent
- Be a resource that is experienced with consistency by families in all 100 counties.
- Produce a product for CPS that is defined in behaviorally-specific terms and easily understood.

*Aligns with Child Welfare Reform Plan's vision for transformation with respect to implementation of the Family First Prevention Services Act*

# Objective of CAPP

**Primary:** Offer a clinical lens through which to assess the current risk and potential of future harm that a caretaker may pose to a child.

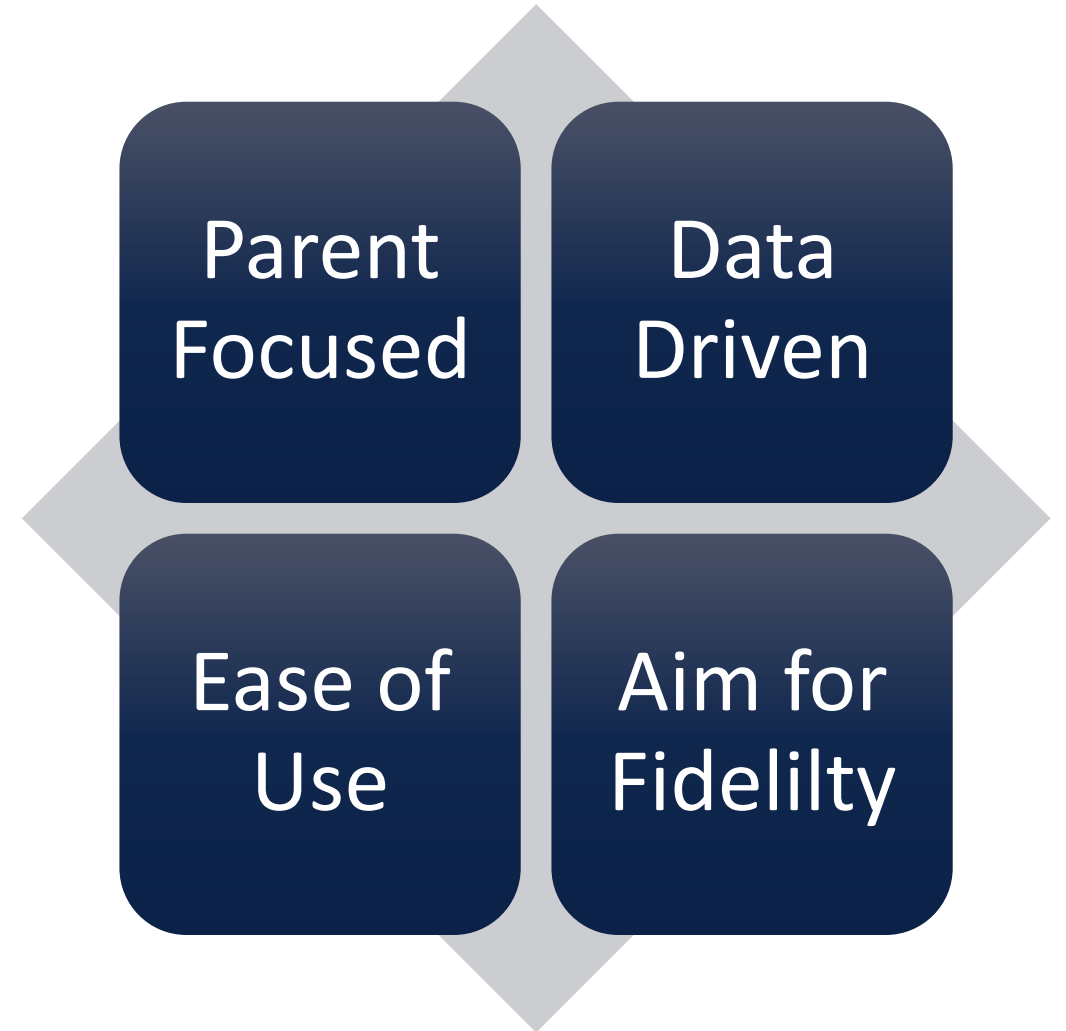
**Secondary:** Assist in case planning development in IV-E eligible cases to ensure that families are supported in a way that ensures child health, safety, and protects against future risk of harm

*Aligns with NC Child and Family Services Plan (CFSP) Strategic Priority 1: Safety*

*Addresses needs identified by the Child Welfare Reform Plan, Center for Support of Families*

*Resource to meet target Safety and Well-Being Outcomes of Child and Family Services Review (CFSR)*

# Clinical Assessment of Protective Parenting



# CAPP Template and Report – Overview

## Interview with parent

- *Standardized introduction of the service*
- *7 factor assessment of risk and parenting characteristics using empirically validated tools*

## Standardized evaluation and summary

- *Summary of parenting factor findings*
- *Summary of individual findings and history*
- *Clinical summary of risk and vulnerability*

## Recommendations

- *Existing interventions with parenting and individual focus*
- *Potential capture of community resource needs*



# CAPP Template and Report – Evaluation and Summary

## Interview with parent

- *Standardized introduction of the service*
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# Introduction of Service

“Now that we’ve reviewed some background information, I’d like to explain what we’re going to do today. I’m going to ask you a few questions about your family and I’d like to get some more information about \_\_\_\_\_ (child’s) personality and behaviors. Then I’m going to ask you some standard questions about how you as a parent have typically interpreted and managed \_\_\_\_\_ (child’s) behaviors. How the two of you have interacted with each other both at positive times and during negative ones as well. The questions I ask in this interview are the same for all parents.”

# Clinical Assessment of Protective Parenting: 7 Sections

Global Factors

Parent Factors

Parent Child  
Interaction  
Patterns (NIMH)

Parent Child  
Interaction  
Patterns (EVBL)

Parenting Stress

Other  
Environmental  
Factors

Parent Trauma

# CAPP Template and Report – Overview

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# Clinical Summary of Risk and Vulnerability

- Based on the summary of factors from this evaluation...
- The factors of risk and vulnerability as documented in this report...
- A gathered qualitative summary of risk and vulnerability...
- The findings from this seven factor assessment indicate...

NO subjective statement ("highly likely" "severely likely", "most likely")

# CAPP Template and Report – Recommendations

## Interview with parent

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# Services for the individual

- DBT or Distress Tolerance
- Trauma Informed Therapy
- Relationship Focused
- Anxiety or Depression: CBT
- Psychiatric Consultation for Medication Management
- Substance Use
  - Type: (group, IOP, 1:1)

# Participant exclusion criteria

Parent with concerns for severe and persistent mental health symptoms

Parent is actively misusing substances

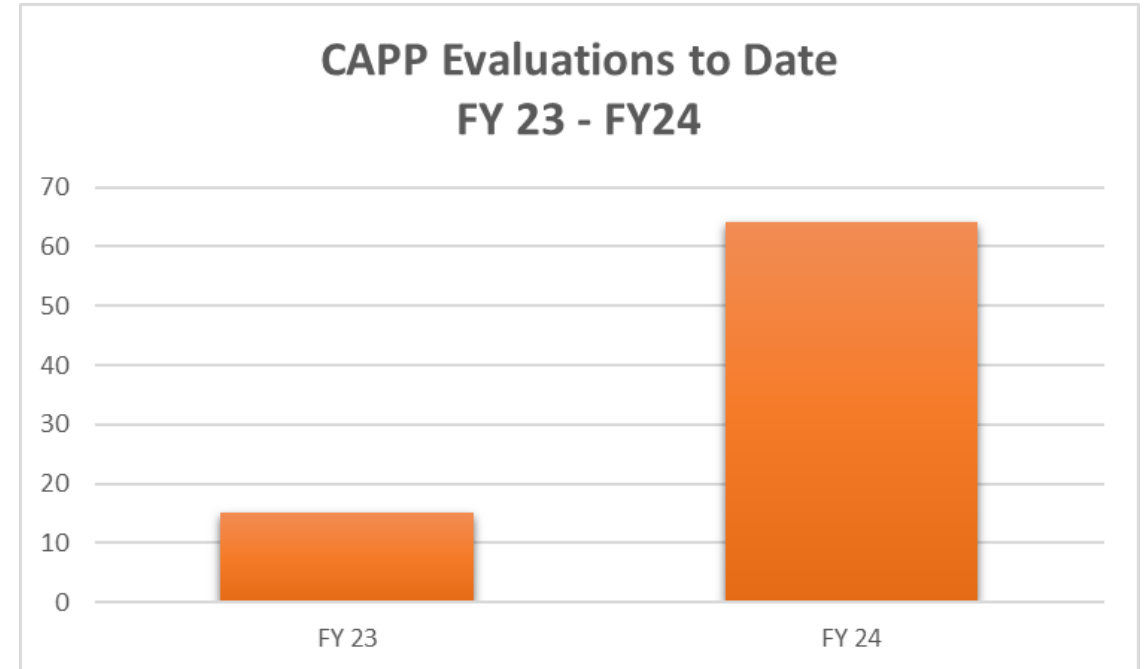
Parent from whom the agency has removed custody of a child and with whom the agency will move to TPR or cease reunification efforts based on statutory allowances



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## CAPP Services to Date

- Twenty-three CAPP providers across the state
- Ongoing training and recruitment



# CMEP Patients and Providers

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This map displays the number of active examiners per county for the chosen service type.

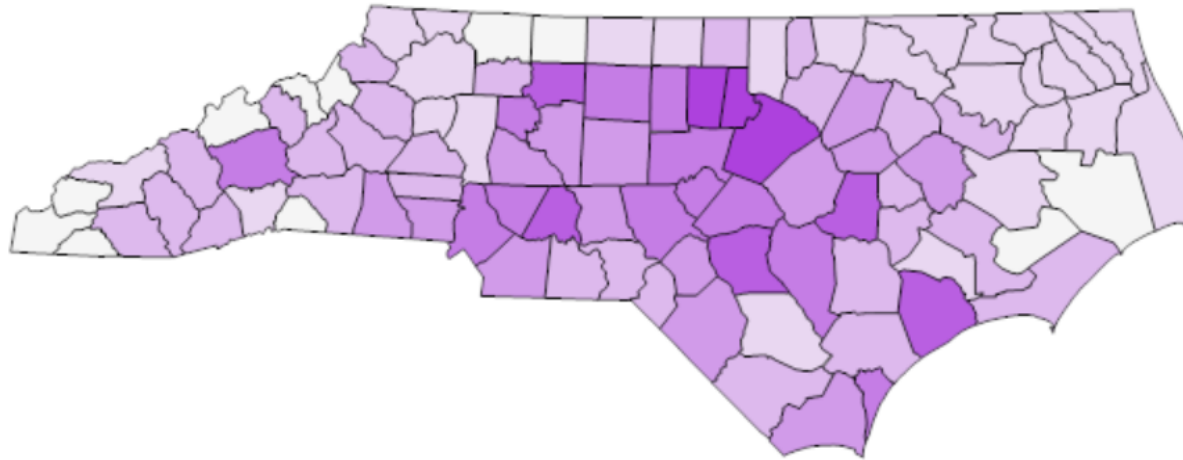
HINT: County names will appear on the map if you zoom in.

**Examiner Service Type**

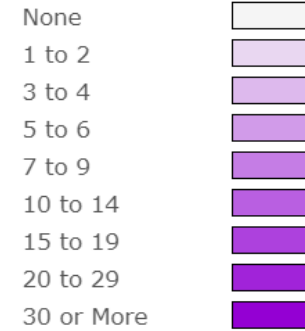
CAPP

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### Number of Examiners



Toolbar



**Any questions?**